Dragon King Treasure Vase Practice Sadhana

Please note that anyone who wishes to engage in this practice must first take refuge in True Buddha School and receive empowerment from Living Buddha Lian-sheng or authorized True Buddha Vajra Acharyas.

Start by praying for the root lineage blessing:

First empty the mind. Next, visualize your parents, children, relatives, friends, and enemies join you in this practice. Visualize the Root Lineage Guru, Living Buddha Lian Sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru, Living Buddha's Heart Mantra 7 times. Pray for the practice will be in great perfection and auspicious.

Wake Up Call: Clap twice, then cross hands and snap thumbs and middle fingers.

1. Recite the Purification & Earth God Mantras:

Speech Purification Mantra:

Om, syo-lee syo-lee, ma-ha syo-lee, syo-syo-lee, so-ha.

Body Purification Mantra:

Om, syo-do-lee, syo-do-lee, syo-mo-lee, syo-mo-lee, so-ha.

Mind Purification Mantra: Om, wa-dzi-la-dam, ho ho hum.

Earth God Mantra:

Namo sam-man-do, moo-toh-nam, om, doo-loo doo-loo dei-wei, so-ha.

2. Recite the Invocation Mantra (3 times):







We sincerely invoke:

Namo Root Guru Living Buddha Lian-sheng

Namo Great White Padmakumara

Namo Lotus Light Self- Mastery Buddha,

Namo the Lineage Gurus of True Buddha School

We sincerely call upon principal deity, Namo Dragon King We sincerely call upon principal deity, Namo Dragon King We sincerely call upon principal deity, Namo Dragon King

(In the place of this note, each local chapter may invoke the Buddhas, Bodhisattvas and Dharma Protectors enshrined at its altar accordingly. When practicing at home, one may invoke the deities present at one's shrine.)

Namo all Buddhas of the Ten Directions and Three Times, all Bodhsattvas and Mahasattvas. Namo Maha Prajna Parmita.

3. Great Homage, using visualization:

(Visualize in the space before and above you the Root Lineage Guru, all Buddhas, Bodhisattvas, Dharma Protectors, Dakinis, All Heavenly Gods & Devas, they appear like multitudes of twinkling stars, pervading the Empty Space. Touch the brow point [third-eye chakra] with the mudra and visualize a beam of white light entering into your brow chakra. Touch the throat with the mudra and visualize a beam of red light entering into your throat chakra. Touch the heart with the mudra and visualize a beam of blue light entering into your heart chakra. Visualize yourself prostrating fully on the floor to pay homage to the Root Lineage Guru and the boundless universe in all times and directions; finally at the end touch the brow point again and then release the mudra.)

First homage to Root Guru Living Buddha Lian Sheng and all Buddhas in all times and directions (using Buddha Shrine Mudra)







AH



HUM



Second homage to all Bodhisattvas (using Lotus Mudra)



(Employ the mudra and visualize as above to pay homage to all Bodhisattvas and Mahsattvas)











Third homage to all Dharma Protectors (using Vajra Mudra)

(Employ the mudra and visualize as above to pay homage to all Dharma Protectors)















Fourth half-bow (using Equanimity Mudra)

(Bow and touch mudra against the brow point before releasing the mudra)

4. Mandala Offering

Mandala Offering Mudra:



Interlace fingers (with hands back to back) so that palms and fingers face upwards. Hook the index finger of the left hand over the middle finger of the right. Hook the index finger of the right hand over the middle finger of the left. Press the thumb of the left hand over the little finger of the right. Press the thumb of the right hand over the little finger of the left. Manipulate the ring fingers so that they stand vertically, back to back. Place the Offering Mudra in front of the chest. After visualization, bring the mudra to touch upon the brow point before release.

Visualization:

Visualize the offerings at the altar multiply to first form a row, then multiply again to form a field, and multiply once more to fill all space. Dedicate this space-filling offering to the Root Lineage Guru, past lineage gurus, Eight Personal Deities of the True Buddha School, all Buddhas in all times and directions, all Bodhisattvas and Mahasattvas, and all dharma protectors.

Recite the Offering Verse:

Mount Meru together with the Four Continents, sun and moon,
Transforms into precious treasures to offer to the Buddhas.

May the immeasurable merit arise from these treasures

Quickly remove negative karma to realize Buddhahood.

Recite the Offering Mantra:

Om, sa-er-wa, da-ta-ga-ta, ee-da-mu, gu-ru la-na, man-cha-la, kan, nee-lee-ye, da-ye-mee

5. Four Fold Refuge

Visualization: Visualize the Root Lineage Guru, all past lineage gurus, all Buddhas, Dharma, and Sanghas merge into a great white light that empowers one.

Recite the Fourfold Refuge mantra (3 times):

Namo Guru bei Namo Buddha ye Namo Dharma ye Namo Sangha ye

6. Armor Protection

Form the Vajra Mudra before the forehead.

Recite the mantra (7 times):

Om, bo ru lan ze lee



After the recitation, bring the mudra to touch the mid-brow point, then the heart, the left shoulder, the right shoulder, and then back to the forehead. At the moment of releasing the mudra, visualize the Dharma Protector at one's shrine transform into four bodies that guard the practitioner in all four sides: in the front and behind, left and right sides.

7. Recite the High King Avalokitesvara Sutra

Namo Avalokitesvara Bodhisattva,

na mo guan shi yin pu sa,

Namo Buddhaya,

na mo fo,

Namo Dharmaya,

na mo fa,

Namo Sanghaya,

na mo seng,

An affinity with the Pure Lands opens the Dharma Doors.

fo guo you yuan, fo fa xiang yin,

By engaging permanence, bliss, identity, and purity, one is blessed with the Dharma.

chang ler wo jing, you yuan fo fa.

Namo Maha Prajna Paramita, a great spiritual mantra.

na mo mo her bo re bo luo mi shi da shen zhou.

Namo Maha Prajna Paramita, a great wisdom mantra.

na mo mo her bo re bo luo mi shi da ming zhou.

Namo Maha Prajna Paramita, a supreme mantra.

na mo mo her bo re bo luo mi shi wu shang zhou.

Namo Maha Prajna Paramita, an unequaled mantra.

na mo mo her bo re bo luo mi shi wu deng deng zhou.

Namo the Pure Light Secret Buddha,

na mo jing guang mi mi fo,

the Dharma Treasury Buddha,

fa zang fo,

the Tranquil King Buddha with Lion's Roar and Divine Speed,

shi zi hou shen zu yo wang fo,

the Sumeru Light King Buddha announced by Buddha,

fo gao xu mi deng wang fo,

the Dharma Protector Buddha,

fa hu fo,

the Vajra Treasury Roaming Lion Buddha,

jin gang zang shi zi yu xi fo,

the Precious Victory Buddha,

bao sheng fo,

the Supernatural Power Buddha,

shen tong fo,

the Medicine Crystal Light King Buddha,

yao shi liu li guang wang fo,

the Universal Light Merit Mountain King Buddha,

pu guang gong der shan wang fo,

the Merit Retaining Jewel King Buddha,

shan zhu guong der bao wang fo,

the Seven Past Buddhas,

guo qu qi fo,

the Future Thousand Buddhas of this fortunate eon,

wei lai xian jie gien fo,

the Fifteen Hundred Buddhas,

gien wu bai fo,

the Fifteen Thousand Buddhas,

wan wu gien fo,

the Five Hundred Flower Victory Buddhas,

wu bai hua sheng fo,

the Ten Billion Vajra Treasury Buddhas,

bai yi jin gang zang fo,

and the Fixed Light Buddha.

ding guang fo.

The Buddhas of Six Directions:

liu fang liu fo ming hao:

To the East the Precious Light Moon Palace Venerable Wonderful Voice King Buddha,

dong fang bao guang yue dian yue miao zun yin wang fo,

To the South the Tree-Root Flower King Buddha,

nan fang shu gern hua wang fo,

To the West the Spiritual Power Flower Blazing King Buddha,

xi fang zao wang shen tuong yen hua wang fo,

To the North the Moon Palace Purity Buddha,

bei fang yue dien ging jing fo,

Above, the countless Vigor Jewel Crown Buddhas,

shang fang wu shu jing jin bao shou fo,

Below, the Tranquil Moon Sound King Buddha.

xia fang shan ji yue yin wang fo.

All the countless Buddhas,

wu liang zhu fo,

Many Jewels Buddhas,

duo bao fo,

Shakyamuni Buddha,

shi jia mou ni fo,

Maitreya Buddha,

mi ler fo,

Akshobhya Buddha,

ah chu fo,

Amitabha Buddha.

mi tuo fo.

All beings in the Central Realm,

zhong yang yi qie zhong sheng,

and those in the Pure Lands,

zai fo shi jie zhong zher,

while moving upon the Earth and through the Heavens,

xing zhu yu di shang, ji zai xu kuong zhong,

shower limitless compassion upon all beings,

ci yo yu yi qie zhong sheng,

affording them equanimity and peace,

ge ling an wun xiu xi,

that they might cultivate day and night.

zhou ye xiu chi.

By constantly invoking this sutra,

xin chang qiu suong ci jing,

one is liberated from the sufferings of birth and death, neng mie sheng si ku,

and freed from all the many kinds of suffering. xiao chu zhu du hai.

Namo the great wisdom Avalokitesvara, na mo da ming guan shi yin,

the observant Avalokitesvara, guan ming guan shi yin,

the noble Avalokitesvara, gao ming guan shi yin,

the expansively-minded Avalokitesvara, kai ming guan shi yin,

the Medicine King Bodhisattva, yao wang pu sa,

the Supreme Medicine Bodhisattva, yao shang pu sa,

Manjusri Bodhisattva, wun shu shi li pu sa,

Samantabhadra Bodhisattva, pu xien pu sa,

Akasagarbha Bodhisattva, xu kuong zang pu sa,

Ksitigarbha Bodhisattva, di zang wang pu sa,

the billions of Clear Cool Treasure Mountain Bodhisattvas,

qing liang bao shan yi wan pu sa,

the Universal Light Venerable King Tathagata Bodhisattva.

pu guang wang ru lai hua sheng pu sa.

Chanting this sutra continually,

nian nian song ci jing,

the Seven World-Honored Buddhas recite this mantra:

qi fo shi zun, ji shuo zhou yue:

Lee-poh-lee-poh-deh, kyo-ho-kyo-ho-deh, toh-loh-nee-deh, nee-ah-la-deh, pee-lee-nee-deh, mo-ho-kya-deh, jen-len-chen-deh, so-ha. (7 times)

Avalokitesvaras of the ten directions

shi fang quan shi yin

and all Bodhisattvas

yi qie zhu pu sa

have vowed to save sentient beings.

shi yuan jiu zhong sheng

All beings will be liberated when calling their names.

cheng ming xi jie tuo

To ones with wisdom

Ruo you zhi hui zhe

expounds it diligently.

yin qin wei jie shou

One with the affinity,

dan shi you yin yuan

recite it at all times.

du song kou bu chuo

Recite this verse,

ji shuo ji yue

All seasons will be prosperous regardless they are four.

si ji quang jing si ji hao

As time flies like an arrow people rapidly reach old age.

quang yin ru jian cui ren lao

By generating bodhicitta one extends wisdom and good fortune.

fa xin pu sa hui fu yan

Practicing wisdom and health together produces longevity.

xing ming qi xiu nian shou gao

Recite the sutra 1,000 times

song jing man qian bian

and keep it in mind constantly.

nian nian xin bu jue

Flame cannot harm one.

huo yan bu neng shang

Knives and weapons will break instantly.

dao bing li cui zhe

Turn anger to happiness.

hui nu sheng huan xi

Change death into life.

si zhe bian cheng huo

Do not say these are false.

mo yan ci shi xu

The words of the Buddhas are not fabricated.

zhu fo bu wang shuo

High King Avalokitesvara

gao wang guan shi yin

can alleviate sufferings.

neng jiu zhu ku e

Faced with a fatal crisis,

lin wei ji nan zhong

the doomed shall live.

si zhe bian cheng huo

The words of buddhas are always true

zhu fo yu bu xu

and therefore we pay homage to the Buddhas.

shi gu ying ding li

By reciting it 1000 times

chi song man qian bian

all one's heaviest sins shall be eradicated.

zhong zui jie xiao mie

Those with great merit and unwavering faith

nou fu jian xin zhe

single-mindedly chant the sutra.

zhuan gong shou chi jing

Chant the names of the eight major bodhisattvas:

nian ba da pu sa ming hao

Namo Avalokiteshvara Bodhisattva Mahasattva, namo guan shi yin pu sa mo he sa

Namo Maitreya Bodhisattva Mahasattva, namo mi le pu sa mo he sa

Namo Akasagarbha Bodhisattva Mahasattva, namo xu kong zang pu sa mo he sa

Namo Samantabhadra Bodhisattva Mahasattva, namo pu xian pu sa mo he sa

Namo Vajrapani Bodhisattva Mahasattva, Namo jin gang shou pu sa mo he sa

Namo Manjusri Bodhisattva Mahasattva, namo miao ji xiang pu sa mo he sa

Namo Nivaranaviskambin Bodhisattva Mahasattva, namo chu gai zhang pu sa mo he sa

Namo Ksitigarbha Bodhisattva Mahasattva, namo di zang wang pu sa mo he sa

Namo all venerable Bodhisattva Mahasattvas. namo zhu zun pu sa mo he sa

Dedicate the merit yuan yi ci gong de

to the entire universe. pu ji yu yi qie

Recite 1,000 times. song man yi qian bian

All serious sins are eradicated.

zhong zui jie xiao mie

The end of High King Avalokitesvara Sutra.

gao wang guan shi yin zhen jing zhong

8. Recite the Rebirth Mantra:

Na-mo a-mi-doh-poh-ye, doh-ta-ga-doh-ye, doh-deh-ye-ta, a-mi-lee-doh-poh-pee, a-mi-lee-doh seh-dan-poh-pee, a-mi-lee-doh pek-ga-lan-deh, a-mi-lee-doh pek-ga-lan-doh, ga-mee-nee, ka-ka-nah, zhi-doh-ka-lee, so-ha. (7 times)



9. Recite the Root Lineage Guru Heart Mantra:

Om, guru, lian-sheng siddhi, hum. (108 times)

10. Recite the Four Immeasurable Vows:

May all beings have happiness and the causes of happiness; this is immeasurable loving-kindness.

May all beings be liberated from suffering and the causes of suffering; this is immeasurable compassion.

May all beings be free of suffering and always stay happy; this is immeasurable joy.

May all beings be free of grasping and aversion and practice equality; this is immeasurable equanimity.

11. Mudra and Visualization

Dragon Mudra:

The Mudra sort of looks like the Chinese character for "well (#). " The middle and index fingers of both hands cross to form the "#"



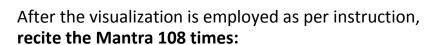
When you form this Mudra, visualize the vase (which should have already been placed at the shrine) transforming into a Dragon in the following way:

- the mouth of the vase is the head of the Dragon,
- the <u>neck of the vase</u> is <u>the neck of the Dragon</u>,
- the <u>main body of the vase</u> is the <u>main body of the</u> Dragon,
- and the <u>bottom of the vase</u> is <u>the rear of the</u>
 Dragon.

You are transforming this whole vase into the whole body of a Dragon.

Then you talk to the Dragon King and sincerely entreat him to rise up to become the Buddha.

Visualize this Dragon rising up into the sky and transforming into the Five Dhyani Buddhas dwelling in space.



[&]quot;Namo, Sam-man-doh, moo-toh-nam, wah-ri-la, mee."

12. Make one's wish:

After making the wish, visualize the five Buddhas, transformed from the Dragon King in the space above, emitting light on this treasure vase.

Every time after you do this Practice, you have to repeat the same visualization: the Dragon King transforming into the Five Buddhas, and the Five Buddhas emitting light on this vase.



- **13. Praising Verse:** The Dragon King Treasure Vase Dharma Practice is transmitted by Living Buddha Lian Sheng. The great spiritual power that is generated from the group practice is profound, may all circumstances to be auspicious.
- 14. Dedication: First, may all receive the great wealth and be resourceful, thereafter, may the sentient beings receive salvation and bestow with the treasure of precious dharma.

15. Recite the Principal Deities Heart Mantras:

Om, ah-mee-deh-wah-seh.
(Amitabha Buddha Heart Mantra)

Om, mani padme hum. (Avalokitesvara Bodhisattva Heart Mantra)

Om, pun-lah-moh lin-toh-lin, so-ha. (Ksitigarbha Bodhisattva Mantra that Removes Fixed Karma)

Om, ha ha ha, wei sam-mo-yeh, so-ha. (Ksitigarbha Bodhisattva Heart Mantra)

Om, dze-lee dzu-lee, zhun-tee, so-ha. (Maha Cundi Bodhisattva Heart Mantra)

Om, jum-bah-lah, chan-lan chah-nah-yeh, so-ha. (Yellow Jambhala Heart Mantra)

Om ah hum, be-dza, gu-ru, beh-ma, sid-dhi, hum, seh. (Guru Padmasambhava Heart Mantra)

Om ah hum, gu-ru-bei, ah-ha-sa-sa-ma-ha, lian-sheng sid-dhi hum. (Padmakumara Heart Mantra)

Deh-yah-tah, om, beh-ka-dzee-yah, beh-ka-dzee-yah, ma-ha beh-ka-dzee-yah, la-dza-sah-mo-kyah-doh-heh, so-ha. (Medicine Buddha Heart Mantra)

16. Recite the Buddha's Name:

Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas. (3 times)

17. Dedication

Note: Supplication for Grand Master to Stay in the Saha World verse is not part of the practice, this is an add-on in the practice to beseeching H.H. to stay with us.

Recite the "Supplication for Grand Master to Stay in the Saha World

I pay homage and supplicate Grand Master,

the virtuous and marvelous Tantrika,

All Buddhas of the Ten Directions of the Buddhalands

as numerous as grains of sand,

All Buddhisattvas who are full of compassion toward all sentient beings,

All Herukas, Dharmapalas and Dakinis, protectors of Dharma.

The nights are long, the three poisons are proliferating.

My body and soul are stricken, tumbling in the misery of perpetual rebirth.

With great compassion,

Grand Master came to this world to salvage the deluded ones.

Henceforth, the Three Treasures emanate wondrous light

to provide refuge for all.

All fortunate beings, human and those in heavens rely on his Vajra Body.

For the bestowal of teachings, vows, precepts, empowerment, and attainments.

We, the disciples of Buddha,

plead that you stay in the Saha World to turn the Dharma Wheel.

Dedication:

May all who uphold the name of Amitabha Buddha

Be born together in the Pure Land of His Western Paradise.

Repaying the Fourfold Generosity from above,

And aiding those who suffer in the Three Paths below.

Upon seeing the Buddha,

May I be liberated from the cycle of birth and death,

And may I develop the qualities of Buddhahood,

And thus free all who suffer.

I, _______(your name), dedicate the merits of this practice to Root Guru. May the Root Guru always be healthy, remain in Samasara, never enter Nirvana, and forever turn the Dharma Wheel. May everyone be healthy, free of hindrances, strong in cultivation, and may all circumstances become auspicious.

May all supplications be completely fulfilled. May all hindrances be removed. Wun!

18. Recite the Hundred Syllable Mantra:

Om, be-dza, sah-do sa-ma-ya, ma-nu bah-la-ya, be-dza sah-do deh-nu-pah-deh-cha, zhe-jo mi-bah-wa, soo-do ka-yu mi-bah-wa, soo-poo ka-yu mi-bah-wa, an-nu-la-do mi-bah-wa, sa-er-wa, sid-di, mi-bu-la-ya-cha, sa-er-wa, ka-er-ma, soo-cha-mi, ji-ta-moo, see-li-yam, gu-ru hum, ha-ha-ha-ha-hoh, bah-ga-wan, sa-er-wa, da-ta-ga-ta, be-dza, ma-mee mun-cha, be-dzi-ba-wa, ma-ha sa-ma-ya, sah-do-ah, hum, pei. (3 times)

19. Great Homage with Visualization:



First homage to Root Guru Living Buddha Lian Sheng and all Buddhas in all times and directions

Recite: OM



ΔН



HUM





Second homage to all Bodhisattvas

Recite: OM



AH



HUM



Third homage to all Dharma Protectors

Recite:



ਂ





Fourth half-bow (using Equanimity Mudra)



(Bow and touch mudra against the brow point before releasing the mudra)

20 Recite the Completion

Mantra Om, Bu Lin. (3 times)

Om Mani Padme Hum.

Dismissal: Clap twice, then cross hands and snap thumbs and middle fingers.

End of Practice: May all endeavors be auspicious.